

Augason Farms

# Creamy Fettuccine Alfredo

## Nutrition Facts

12 servings per container

**Serving size** 1/2 cup (67g) dry  
(about 1 cup prepared)

Amount per serving

**Calories** **300**

% Daily Value\*

**Total Fat** 11g **14%**

Saturated Fat 9g **45%**

*Trans Fat* 0g

**Cholesterol** 35mg **12%**

**Sodium** 670mg **29%**

**Total Carbohydrate** 41g **15%**

Dietary Fiber 1g **4%**

Total Sugars 5g

Includes 1g Added Sugars **2%**

**Protein** 8g

Vitamin D 0mcg 0%

Calcium 106mg 8%

Iron 1mg 6%

Potassium 328mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Egg noodles (durum wheat semolina, durum wheat flour, eggs, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), creamer (hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide, soy lecithin), white cheese (cheddar cheese, [pasteurized milk, salt, cheese culture, enzymes], buttermilk, whey, salt and natural flavors [contains less than 2% silicon dioxide]), modified food starch, parmesan (whey, maltodextrin, buttermilk, natural parmesan cheese flavor, salt), non-iodized salt, whey, lactic acid, garlic powder, parsley, black pepper.

**CONTAINS:** Egg, milk, soy, wheat.

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Contains a bioengineered food ingredient.

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