

Tomato Powder

Nutrition Facts

40 servings per container

Serving size 1 tbsp (12g) dry
(about 1/4 cup prepared)

Amount per serving

Calories 35

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 15mg **1%**

Total Carbohydrate 9g **3%**

Dietary Fiber 2g **7%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

Protein 2g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 1mg **6%**

Potassium 321mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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INGREDIENTS: Tomato powder (tomato, less than 2% silicon dioxide).

DIRECTIONS:

Remove oxygen absorber and discard.

TOMATO SAUCE (1 cup)

Blend 1/2 cup tomato powder with 1 cup water.

TOMATO PASTE (1/2 cup)

Blend 1/2 cup tomato powder with 1/2 cup water.
Adjust water for desired consistency.

TOMATO JUICE (8 cups)

Stir 2 cups tomato powder and salt (to taste) with 8 cups water.

SEASONING IDEAS:

- Mix with garlic powder, salt, and pepper and sprinkle over vegetables before roasting
- Stir into ranch dressing for potato chip dip
- Sprinkle on bagel and top with cheese for a pizza bagel
- Mix with salt and pepper and sprinkle over popcorn, warm French fries, or garlic bread
- Add to barbecue rubs