

**Nutrition Facts**

4 servings per container

**Serving size** 1/2 cup (10g) dry  
 (about 1/2 cup prepared)

Amount per serving

**Calories** **35**

% Daily Value\*

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0mg **0%**

**Total Carbohydrate** 8g **3%**

Dietary Fiber 2g **7%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 17mg 2%

Iron 0mg 0%

Potassium 162mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Sliced strawberries.

**DIRECTIONS:**

1. Remove oxygen absorber and discard.
2. Cover desired amount of Freeze-Dried Sliced Strawberries with warm water.
3. Let stand 5 to 10 minutes, stirring occassionally.
4. Drain excess water and serve.

**TIP:** Powder from the freeze-dried strawberries may remain in the package. Use it to add delicious strawberry flavor to milk, cream cheese, cereal, milkshakes, and more!

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