

Vegetable Stew Blend

MOUNTAIN MAN STEW

- 4 cups boiling water
- 4 teaspoons powdered beef bouillon
- 2 cups Augason Farms Vegetable Stew Blend
- 1/4 cup Augason Farms Dehydrated Chopped Onions
- 1/4 cup Augason Farms Beef Flavored Vegetarian Meat Substitute
- 1/4 cup Augason Farms Freeze Dried Sweet Corn
- 32 oz. stewed tomatoes
- 1 1/2 teaspoons salt
- 1/2 teaspoon pepper
- 1 teaspoon Worcestershire sauce
- 1 clove garlic
- 1 bay leaf
- 1 teaspoon paprika

Mix ingredients into boiling water. Simmer on medium heat for approximately 30 minutes or until vegetables are fully rehydrated.

FARMERS MARKET SOUP

- 2 1/2 cups Augason Farms Creamy Potato Soup Mix, dry
- 6 cups water
- 1/2 cup Augason Farms Freeze Dried Sweet Corn
- 1/2 cup Augason Farms Vegetable Stew Blend

Whisk soup mix and water together. Add corn and stew blend. Bring to a boil then simmer on medium heat for 25 to 30 minutes.